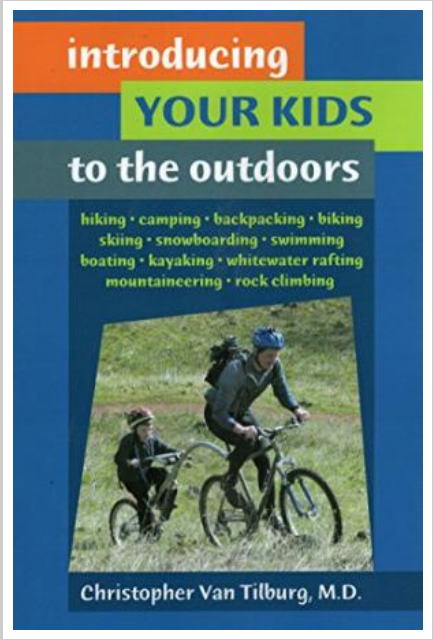


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Introducing Your Kids to the Outdoors (Paperback)

By Christopher Van Tilburg

Stackpole Books, United States, 2005. Paperback. Book Condition: New. 226 x 150 mm. Language: English . Brand New Book. Hiking, trekking, camping, climbing, biking, skiing, snowboarding, swimming, whitewater rafting, and mountaineering with children of all ages50 family adventure trips--close-to-home, budget-wise, and national parksHow to plan, pack, and organize trips, especially tricky with infants and toddlers and extended, mixed, or blended familiesA helpful guide for parents who want to keep traveling, remain active in the outdoors, and get their kids interested in nature and the environment. Blends interactive parenting and coaching skills with outdoor sports, adventure, and travel. Taking children on camping trips or rafting trips can be a challenge, but by balancing safety and adventure, independence for older children, and family participation, everyone can have fun. A section on safety includes basic first aid and what to put in emergency kits.

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