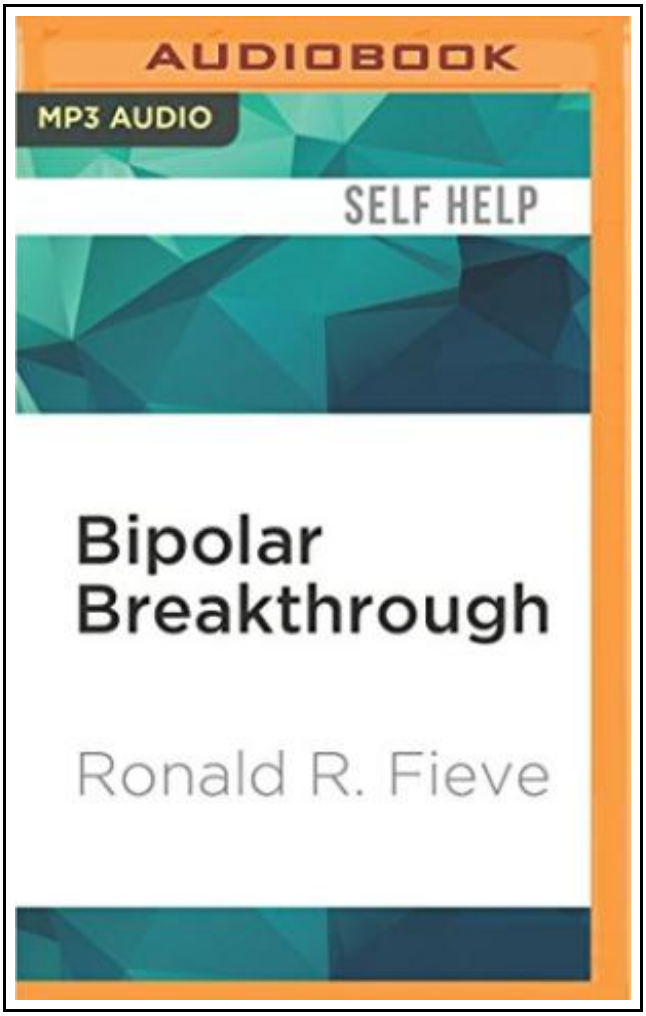
Bipolar Breakthrough: The Essential Guide to Going Beyond Moodswings to Harness Your Highs, Escape the Cycles of Recurrent Depression, and Thrive with Bipolar II



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Reviews

This published book is wonderful. It is really simplified but unexpected situations within the fifty percent of the ebook. Once you begin to read the book, it is extremely difficult to leave it before concluding.

(Dr. Janis Reilly)

BIPOLAR BREAKTHROUGH: THE ESSENTIAL GUIDE TO GOING BEYOND MOODSWINGS TO HARNESS YOUR HIGHS, ESCAPE THE CYCLES OF RECURRENT DEPRESSION, AND THRIVE WITH BIPOLAR II

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Audible Studios on Brilliance, United States, 2016. CD-Audio. Book Condition: New. Unabridged. 171 x 133 mm. Language: English . Brand New. More than 30 years ago, Dr. Ronald R. Fieve gained national recognition for his pioneering treatment of what was then known as manic-depression. Since then, he has focused on patients with mild bipolarity, also known as Bipolar II. With the right treatment, these patients can turn their illness into an asset. In this groundbreaking book, Dr. Fieve presents a highly successful program that allows Bipolar II patients to harness the creativity and energy of their hypomanic highs while minimizing the potentially devastating lows of depression. Now with a new foreword explaining the most up-to-date research on the bipolar spectrum, Bipolar Breakthrough includes: Six stay-well strategies for anyone suffering from Bipolar IIThe latest information on cutting-edge medications with fewer side effectsA special section on the complications of a bipolar diagnosis for pregnant women, children, and the elderly With results supported by thousands of patient histories, Dr. Fieve s Bipolar Breakthrough is a landmark work that will help the millions of Bipolar II sufferers live better lives.

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